

## Supplementary Guidelines & Rules 2026

### Entries

Entry Fees: \$13 per person per dance. Entries close Wednesday 29<sup>th</sup> April 2026.

Entries must be submitted by using the online form to [ssldcomp@hotmail.com](mailto:ssldcomp@hotmail.com)

Once entries are received, you will receive an invoice to pay the entry fees. Entry fees must be paid within 7 days of receiving your invoice.

You can Direct Deposit the total amount via Internet Banking:

Commonwealth Bank  
Name; Jessica Lamb  
BSB: 063-126, Account No: 1025 4537  
**Note: Reference your CLUB NAME**

### Music

| <b>Music Time Limits</b>                                  |                          |
|---|--------------------------|
| Solos / Set Song / Set Dance Sections (provided by SSLDC) | 2 minutes and 30 seconds |
| Own Choice - Standard Sections (duos, trios & teams)      | 3 minutes                |
| Victorian Open Dynamic Duo                                | 3 minutes and 30 seconds |
| Instructor Class  | 2 minutes                |
| Renegade Solo   | 2 minutes                |

- 1 Music that is not supplied by SSLDC must be submitted by **Saturday 16th May 2026**.
- 2 Dropbox links will be sent to each club representative and must be uploaded to the Dropbox. Each track must be labelled in this format – section number – club – competitors names – track name (*i.e: 2A – D2D – Adrian & Darren or Team Adrian – Jump*)

### Victorian Open Dynamic Duo

- 3 This routine must be a new routine (never danced before)
- 4 This Duo section is a freestyle section but not mandatory. Dancers will dance together, this may be side by side, face to face, and at times apart from one another if they remain in performance connection. Dancers may hold hands. It is not a requirement that dancers move in unity, however, their movement must be complimentary.
- 5 Music must be one piece (not a compilation of songs spliced together) with a maximum time limit of 3 minutes and 30 seconds.

# SOUTHERN STATE LINE DANCING CHAMPIONSHIPS

Victoria

## Novice (Basic Section)

6 Novice Means:

- A competitor who has never entered a line dance competition before
- Or never having received a medal in a line dance competition
- Or only having received a medal in a section of 3 competitors or less.
- Or has been competing line dance competitions for **2 years or less**

**PLEASE NOTE** you only need to satisfy one of the above criteria to compete in the novice section. For example, you may have entered your first competition last year, competed against 5 other people, and won silver and can still compete as you meet criteria number 4.

7 Competitors are required to dance a class dance (released to the public)

8 Competitors can change the music if required (but are encouraged to dance to the music it was choreographed to)

## Mentor and Novice Duo

9 A Mentor can dance up to **TWO** times in this section. Once with one Novice competitor and once with a different Novice competitor.

10 A Mentor can be a dancer who has competed before and/or an instructor.

11 Rules 6 to 8 apply for this section as well.

## Set Dance Sections

12 A set dance for the section will be provided by SSLDC

13 Several competitors will compete on the floor at the same time (on in heats, depending on the number of entrants). Dance etiquette must be always followed

14 All competitors must follow the step description provided and can add arms, skirt, hat and styling options

15 These sections can be competed in a Duo, Trio or Small Team (**Teams must consist of a minimum of four and a maximum of 8 competitors**)

16 Competitors must use the music and step sheet provided by SSLDC. It is recommended that competitors follow the step sheet rather than a video

17 If it says 'styling option' on the step sheet, competitors can decide if they wish to include it, however, if it is outlined as part of the choreography, competitors must include it

## Set Song Sections

18 A set song for this section will be provided by SSLDC

19 Several competitors will compete on the floor at the same time (on in heats, depending on the number of entrants). Dance etiquette must be always followed

20 Freestyle rules apply for this section. **See the ALD rules on our website.**

21 Dancers may change formations, dance in opposite directions, face mirror image and touch for up to 8 counts at a time.

22 Touching for longer than 8 counts = Disqualification

23 All competitors in your age group will be on the floor at the same time (or in heats).

24 These sections can be competed in a Duo, Trio or Small Team (**Teams must consist of a minimum of four and a maximum of 8 competitors**)

25 Competitors must use the music provided by SSLDC

# SOUTHERN STATE LINE DANCING CHAMPIONSHIPS

Victoria

## Instructor Class

- 26 An instructor must conduct at least one (1) advertised class per week.
- 27 An instructor may enter this section once per class they teach.
- 28 Students may dance with each class group they attend.
- 29 An Instructor may dance as a student in another class if they attend the class regularly.
- 30 Instructors can choose any dance they have taught in their class or classes.
- 31 Competitors must wear their club shirt, with whatever they would wear to their class (i.e.: Jeans, skirt, boots, jazz shoes, shorts etc...)
- 32 This section can be competed in a Duo, Trio or Team.
- 33 All competitors will dance for (2) two minutes. If you haven't sent an edited version of the track, it will be faded out after (2) two minutes.
- 34 Natural hand movements and styling outlined on the step sheet are encouraged; however, choreographed arm movements are not for this section. **Points will be deducted for choreographed arm movements/ skirt work/ hat work.**

## Renegade Solo

- 35 This is an open age section.
- 36 Competitors will hear 10 seconds of a track of music. They will then have 30 seconds free time on the dance floor to formulate their routine.
- 37 The music track will be cut to 2 minutes.
- 38 Competitors will then need to freestyle a solo to the music track played.
- 39 Competitors will be judged on their creativity and ability to dance to the style of the track.
- 40 Additional information:
  - a. Competitors will be on the floor at the same time.
  - b. Entry into this section will be capped to ensure space on the dancefloor.
  - c. Solo etiquette is required by all competitors.
  - d. Costumes must be respectful, but do not need to adhere to the style of music as this will be unknown at the time, they take the floor
  - e. Arm, Hat, Skirt work etc. is encouraged during the performance.

## Relatives Section - Relatives & Kiddos (u8)

- 41 This is an open age section where at least one competitor is under 8 years of age
- 42 This section can be competed in a Duo, Trio or Small Team. Team (**Teams must consist of a minimum of four 4 and a maximum of 8 competitors**)
- 43 All Competitors must be related by birth or marriage.

## Relatives Section - Relatives Open

- 44 This is an open age section
- 45 This section can be competed in a Duo, Trio or Small Team (**Teams must consist of a minimum of four 4 and a maximum of 8 competitors**)
- 46 All Competitors must be related by birth or marriage.

If you have any concerns or questions about any of the rules, please contact the event directors Adrian Lefebour or Jessica Lamb.